



Needed Items

Men's Needs

- Shirts
- Pants
- Socks
- Underwear
- Shoes and belts
- Deodorant
- Soap
- Towels
- Toothbrushes
- Toothpaste
- Disposable razors
- Shaving cream
- Towels and washcloths
- Blankets
- Pillows
- Sheets (twin size)

Women's Needs

- Medical items (pain relievers, bandages, rubbing alcohol, anti-bacterial ointment)
- Napkins
- Paper towels
- Toilet paper
- Diapers
- Baby wipes
- Clock radios

Cool Weather Needs (October through March)

- Coats
- Sweaters
- Caps
- Gloves
- Cold/flu medication (non-alcoholic)

Men's Spiritual / Educational Needs

- Bibles (preferably NIV, large print)
- Notebooks
- Hi-lighter pens
- Pens
- Notebooks
- "The Heart of the Problem" by Henry Brandt and Kerry L. Skinner

Men's Spiritual / Educational Needs Coats

- Bibles (preferably NIV, large print)
- Notebooks
- Hi-lighter pens
- Pens
- Notebooks
- "The Anger Workbook" by Les Carter and Frank Minirth
- "Boundaries" by Dr. Henry Cloud and Dr. John Townsend

If you're interested in doing a donation drive for any of the items listed above, or to volunteer, please contact Randy Daniels at (901) 526-8434, ext. 1008 or at RDaniels@MemphisUnionMission.org.